

# Thursday, January 19, 2012

## Tahoma Unitarian Universalist Congregation

### Weekly E-News

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Links for additional events and details:

- \* **TUUC Online Calendar** - <http://www.my.calendars.net/tuucadmin>. To automatically view event details, choose "List" format instead of "Block" at the bottom of the screen.
  - \* **December 2011-January 2012 Dialog Newsletter** can be seen at <http://tuuc-wa.org/Dialog-1201-2011-12rev.pdf>
  - \* **2011 Fall Program Guide** - [http://tuuc-wa.org/ASD Brochure Fall 2011.pdf](http://tuuc-wa.org/ASD%20Brochure%20Fall%202011.pdf). There are also a few printed copies available in the front entrance of the church.
  - \* **Archive of past sermons** at TUUC - <http://www.archive.org/search.php?query=TUUC&sort=-publicdate>
  - \* **To sign up for or edit** your subscription to this Weekly E-news, visit [http://tuuc-wa.org/mailman/listinfo/announce\\_tuuc-wa.org](http://tuuc-wa.org/mailman/listinfo/announce_tuuc-wa.org)
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## TUUC News

Sunday, January 22 - 9:30 a.m. and 11:15 a.m.

### "Dreamcasting Report"

Rev. Bill Graves, Karin Van Vlack and the Dreamcasting Task Force

We will be joined by Janine Larson our PNW District Executive to reflect back the results of our collective visioning that occurred in November, and offer interpretations of our future together. The TUUC choir and the Tacoma Youth Choir will be performing.

### Coffee Time between services

11:15 a.m. - Program Advisory Committee

12:15 p.m. - Human Resources Committee

12:30 p.m. - Membership Committee

1:00 p.m. - "A Year to Live" class (not at 12:30 as noted in last week's Order of Service)

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## A Message from Bill

### The Passing of The Reverend Doctor Roger Otis Kuhrt

I am saddened to report that during the night of January 17, 2012, Roger Kuhrt peacefully died in his sleep at a Franciscan hospice in Lakewood. Roger served as the settled minister of Tahoma Unitarian Universalist Congregation for much of the 1980s and 1990s. He touched and inspired many lives. At our services this coming Sunday, Jan. 22, and on Jan. 29, all are invited to bring a written reflection, condolence or other offering from the heart including flowers. There will be a table and mail box dedicated to Roger's memory. Messages and other memorabilia will be delivered to Roger's surviving spouse, Pam Gill Kuhrt. Further information regarding memorial events will be forthcoming.

In love and peace,  
Rev. Bill Graves

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## Social Action Committee

Please hold magazines and paperback books for the Northwest Detention Center until I can find out more about a changing policy. It looks like there's a shift to NEW BOOKS ONLY. This is the policy in most prisons to avoid the smuggling of contraband. I had thought the NWDC policy of accepting books and magazines from churches was very compassionate. It seems that it is over. I will do my best to keep us informed.

Our next vigil at the prison will be on **January 22**, 2012, at 1:00 p.m. It's the fourth Sunday this time, not the third. Our vigil in February will be on the 19th at 1:00 p.m.

Our next Social Action meeting will be after the last service on **February 12**, in the high school room downstairs. Anyone with ideas how TUUC can serve the larger community are most welcome.

Donations for **Change for Change in January** are for the important work done at the Northwest Immigration Rights Project. In February, Change for Change will benefit TUUC as a budget booster. (Change for Change helps our congregation twice a year.)

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## On-Line/Hard Copy Photo Directory Update

Later this month the Membership Committee plans to pass out the 2011 new members supplement along with a color photo collage of the congregation. This will be given to all those who have purchased the 3-ring binder directory. New directories will be on sale for \$10 no later than the first part of February.

Another way to view the TUUC membership is by going online. In 2010 / 2011 all members were given pass codes to access the online system which, along with a variety of useful information, includes a pictorial directory updated regularly. If you've misplaced your pass codes or not received them, please contact Susan Kunkel at [skswim100@hotmail.com](mailto:skswim100@hotmail.com)

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## January Third Friday Potluck

We return to the church for the monthly event Friday, **January 20th** at noon. Our speaker will be Howard Welsh. He will be talking about our famous local Unitarian, Ezra Meeker, known for his covered wagon. However he was also a leader in the Puyallup community, offering his private library to fellow Unitarians.

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## TUUC Circle Dinners Potluck

TUUC's next Circle Dinner will be held on Saturday, **January 21st**, at 6:00 p.m. Circle Dinners are casual potluck dinners held in members' home where we can get to know each other better. If you'd like to participate, either as a host/hostess or as a guest, please call me at [253-565-9738](tel:253-565-9738); email me at [christine.stalnaker@yahoo.com](mailto:christine.stalnaker@yahoo.com); or sign up with me this coming Sunday between services. Building community one potluck at a time! Christine Stalnaker.

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## RE Swim Party for Families with Children!

Saturday, **January 28** at the Fife Pool (5410 20th St. East, Fife, 98424, [253.922.7665](tel:253.922.7665)) from 1 - 3 p.m. Join your UU friends to swim and play!

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## Eagle Watch at the Cabin

The T.U.U.C. North Cascades Cabin will be open **January 28 and 29** for the final days of the Skagit Eagle Festival, near Concrete and Rockport. Bald eagles are gathering at the nearby Sauk and Skagit rivers to harvest the annual salmon runs. Their coming attracts bird-watchers and photographers to the Howard Miller Steelhead Park at Rockport. Free guided walks are planned from the Skagit River Bald Eagle Interpretive Center there beginning at 10 a.m. each day. A gift shop and bookstore is open from 10 a.m. to 4 p.m. The cabin has sleeping accommodations for six, and room for folding cots. A \$10 donation is suggested this weekend for each overnight adult camper. Day visitors are welcome. Advance notice is helpful--contact Mary Watson at [mwatson@harbornet.com](mailto:mwatson@harbornet.com).

The rustic, one-room cabin was a gift from the Kauffman family, for use as a spiritual retreat. It is a center for Northwest recreation, in the heart of fishing, hiking, biking and mountaineering activities. Brochures with a map are available in the church lobby. The cabin is available for weekend and week-long rentals. Contact the church office. It is about a 2 and 1/2-hour drive from Tacoma.

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## Three Seats Left for TUUC Progressive Dinner Fundraiser

There are three seats remaining for the **February 4th** TUUC Progressive Dinner Fundraiser. The 2012 Progressive Dinner Fundraisers are being hosted by North Tacoma TUUC congregants. The February 4th hosts are Debbie Cafazzo & John Froschauer, Jennifer Johnston & Tommy Harlow, Susan & Steven Garrett, and Chris George & Rob Ramsey. The dinner consists of four courses, one course in the home of each of the four host couples, and will begin with appetizers at 5:30 pm. The dinners are prix fixe at \$35 per person and limited to 16 persons for each date. To reserve one of the three remaining spaces on February 4th, send a check made out to TUUC for \$35 to Joan Benderson at 9201 65th St Ct W, University Place, 98467. You may also want to call Joan at [253-566-4334](tel:253-566-4334) to confirm whether the dinner has yet sold out.

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## Intrepid Snowshoeing for February

We are planning outings for **February 11 and 25** with departures from TUUC at 8:00 a.m. The likely destination for the 11th is the beautiful trail along the Carbon River, just inside Mt. Rainier National Park. The destination for the 25th TBA. Appropriate winter clothing and willingness to rent snowshoes if loaners not available required. Join us and enjoy the beauty of winter! Questions and sign up with Fran at [tatooshie@yahoo.com](mailto:tatooshie@yahoo.com), or [Felicedavis1944@gmail.com](mailto:Felicedavis1944@gmail.com)

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## Valentines Dance

TUUC Valentine's Dance will be Saturday, **February 11 (note date change)** from 6 - 8:30 p.m.! This is an all ages event! Come dance like no one is watching to hits from the '60s, '70s, '80s, '90s and today! Bring a finger food to share if you can. \$5 donation per person with a \$10 limit per family. For those who come early to set up or stay after to clean up, the donation is waived.

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## Mystery Pals Begins February 19!

Mystery Pals is an exciting way to connect with people at TUUC! Just sign up with Lori and she will assign you a code name (which will be a famous UU). For four Sundays, between February 19 and March 18, you leave a clue about who you are in the Mystery Pals Mailbox that will be in the church lobby. Your pal will leave a clue for you too! If you wish you can give your pal small gifts like candy, drawings, poems, trinkets, or flowers, but gifts are optional.

On March 25 we will have a Reveal Celebration in the social hall at 10:35 a.m. If you want to be a mystery pal you must agree to be there for the Reveal Celebration to meet your pal, and give clues for all four Sundays. Adults and children are encouraged to participate in Mystery Pals. Adults will be paired with children as much as possible, to make this an inter-generational activity. Please e-mail Lori by February 5 at [dre@tuuc-wa.org](mailto:dre@tuuc-wa.org) if you'd like to participate and she'll send you instructions to get started!

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## Monday Night Meditation

**Monday Night Meditation, TUUC sanctuary, 7 - 8:45 p.m.** If you care to, join us on Monday evenings for meditation in the Vipassana tradition. We typically sit or walk in meditation for 30 minutes, listen to a recorded dharma talk, and then have a short discussion in the spirit of awareness. No previous experience or preparation is necessary. All are welcome. Next meeting this Monday, January 23rd.

### Two new series starting Monday, January 30th, 7 – 8:45 p.m. in the sanctuary:

On January 30th, we will be trying a new series based on the book [Dancing with Life](#), by Phillip Moffitt, formerly CEO of *Esquire* magazine and now a guiding teacher at Spirit Rock Meditation Center. In addition to the book, there is a study guide and 52 email teachings. We will try several sessions every other Monday starting January 30th. On alternating Mondays we will continue to hear core teachings from [Rodney Smith](#), the guiding teacher at the Seattle Insight Meditation Society, as he begins a new series on the fundamentals of mindfulness. There will also be occasional talks and presentations from other sources.

Our format typically includes a 30 minute silent sit, a talk or reading, and a discussion held in the spirit of mindfulness. While it can be helpful to attend from the beginning of a series, each session also stands by itself. Therefore, feel free to

join us anytime with "beginner's mind." All are welcome.

Please contact me if you would like to be on the weekly email list for upcoming sessions.

Sincerely, Mark Backus, [backusm@harbornet.com](mailto:backusm@harbornet.com)

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## Wednesday Evening Adult Spiritual Development

### Occupy Tacoma

Join Reverend Bill Graves at ASD next week as we have a presentation and discussion with an Occupy Tacoma activist. Wednesday, **January 25**, 6:30-8 p.m. in the Sanctuary.

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## It's Time for Annual UU Women's Retreat at Camp Seymour! March 2-4, 2012

If you haven't been before, it's a lot of fun and also a chance to connect with other UU women and just "renew your spirit" in a beautiful woodsy setting on the shores of Puget Sound (but with modern amenities). This weekend is yours to use as you wish: Engage with others, spend time in quiet contemplation – or do both!

- **OUTDOOR** activities: hiking, archery, boating, climbing wall
- **WORKSHOPS**: chocolate appreciation (the sequel), getting healthy & staying healthy, Pierce County Suffragettes, journaling your life, book sharing, nature walk, art, yoga & more
- **EVENING WORSHIP**: a time to gather with other women and re-center yourself
  
- **FRIDAY KEYNOTE SPEAKER**: Lisa Voso, trial attorney, trainer & speaker

*Register early for a discount!*

Registration forms will be on the table in the sanctuary hall, and are online at [www.tuuc-wa.org](http://www.tuuc-wa.org). For more information contact Debbie Cafazzo at: [debbie.cafazzo@gmail.com](mailto:debbie.cafazzo@gmail.com) or Allison Cerny at: [alcerny@gmail.com](mailto:alcerny@gmail.com)

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## Kudos and Thanks, Etc.

We all love and have a huge barrel-full of respect for Helen Sohlberg. So how did I happen to call her "Edna" in last week's E-news? I'm afraid I said a few things to myself that even I am surprised to hear. I mix up children's names when I teach, too, and it's altogether awful. Helen, please forgive this, can you?

--Nancy Farrell

*This "Kudos and Thanks, Etc." section is about noticing someone else's kindness or effective, generous service for the good of the church and its members. Who do you want to thank or high-five? Send the editor an email at [editor@tuuc-wa.org](mailto:editor@tuuc-wa.org) with the subject KUDOS or THANKS.*

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## Next Publication Due Dates:

January 23 - Monday noon - any items for next Caring Community email message.

January 25 - Wednesday noon - any items for next Weekly E-News message.

January 26 - Thursday noon - any items for Sunday, January 22 Order of Service.

January 26 - Thursday 2:00 p.m. - February Dialog folding/mailling in the sanctuary.

IMPORTANT: If your announcement includes a date for the TUUC calendar, please contact both administration staff members:

(1) Mike Field via [admin@tuuc-wa.org](mailto:admin@tuuc-wa.org) [for facility coordination and church calendar] and

(2) James Venturini via [editor@tuuc-wa.org](mailto:editor@tuuc-wa.org) [for publications].

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## ... About this Weekly Message

This Weekly E-news is for church business, event updates, committee news, schedule changes, program/class/member-fellowship invitations, Kudos & Thanks to acknowledge others' service rendered in support of TUUC, and limited other announcements of interest to the congregation. Sign up or edit your subscription at [http://tuuc-wa.org/mailman/listinfo/announce\\_tuuc-wa.org](http://tuuc-wa.org/mailman/listinfo/announce_tuuc-wa.org).

To respond about an announcement you see in this message, please begin a new message directed to the contact person indicated, instead of choosing "REPLY ALL" in your email program, since this is only a one-way announcement listserve.

Please send new announcements to [editor@tuuc-wa.org](mailto:editor@tuuc-wa.org) by noon on Wednesdays for inclusion in the next Weekly E-news message. If your announcement includes a date, please also contact Mike Field, church administrator, at [admin@tuuc-wa.org](mailto:admin@tuuc-wa.org) / [253-474-4646](tel:253-474-4646) to ensure facility coordination and TUUC online calendar posting. Thank you!

TAHOMA UNITARIAN UNIVERSALIST CONGREGATION

<http://tuuc-wa.org> ~ Web content, Diane Harney: [harneydm@gmail.com](mailto:harneydm@gmail.com)

Publications & [Announce] Listserv, James Venturini: [editor@tuuc-wa.org](mailto:editor@tuuc-wa.org)

Administrator & Online Calendar, Mike Field: [admin@tuuc-wa.org](mailto:admin@tuuc-wa.org)

1115 South 56th Street, Tacoma WA 98408

Office: [\(253\) 474-4646](tel:253-474-4646)

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